

Can these bones

**BREATHE
AGAIN?**

30 Day Devotional In Ezekiel 37



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DAY 1

Date: 

Journal Challenge

What areas of your life feel dry, lifeless, or forgotten right now?

(Be specific — is it a dream, relationship, mindset, emotion, or spiritual desire?)

Have you stopped praying about something because it felt hopeless?

(What was it, and why do you think you gave up?)

What have you been pretending is “fine” but deep down you know it’s not?

(How has that pretense affected your emotional or spiritual health?)

How does it feel to say to God, “Only You know”?

(Does that bring relief, fear, discomfort, hope?)

What would it look like to surrender your valley to God today — not with answers, but with trust?

Action Step

Set aside some time to read Ezekiel 37:1–3 out loud — slowly, twice.

As you read, picture your own valley. Imagine your dry bones.

Then say out loud: “God, I give this valley to You. I believe You can make it live again.”

This is your first step toward breathing again.

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DAY 2

Date: 

Journal Challenge

What are 1–2 specific areas of your life that feel dry right now?

(Try to name the exact situation, not just the feeling.)

What caused them to become this way?

(Was it loss, neglect, fear, disappointment, shame, busyness?)

What parts of your life feel scattered — like they used to make sense, but now feel disconnected? How long has it been this way? (Did this dryness start recently, or has it been years in the making?)

What would it feel like to invite God into those specific details, instead of avoiding or ignoring them?

Action Step

Say aloud the specific areas you listed. Then pray this simple prayer: “Lord, these are the places I’ve avoided. These are my dry bones. I give them to You. I believe You’re not done with me yet.”

[illegible]

DAY 3

Date: 

Journal Challenge

When was the last time you said “I’m fine” but didn’t feel that way?

What parts of your life or heart are you tempted to hide from others?

How might your healing begin if you were honest with God and someone you trust about your true feelings?

What fears hold you back from being vulnerable?

Who is someone safe you can share your true struggles with this week?

Action Step

Choose one trusted person to share your honest feelings with this week.

If that feels too overwhelming, start by journaling your truth and praying for the courage to do so.

Remember, healing begins when you stop pretending and start speaking your reality.

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DAY 4

Date: 

Journal Challenge

Take time to reflect and write today. Answer honestly: What dream have I buried?

What part of my life or calling feels like dry bones?

Where have I stopped believing that resurrection is possible?

Action Step

Find a quiet moment today. Read Ezekiel 37:1–3 aloud slowly—like you're walking through the valley yourself. Then pause. Breathe. Let God bring to mind the areas of your life that feel dried out. Don't rush this part. Let yourself feel it.

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DAY 5

Date: 

Journal Challenge

Write about a time when you felt like your faith was forgotten. Maybe that time is now.

What have you been trusting God for that hasn't happened yet?

How do you respond when it feels like God is silent?

What do you believe God wants to teach you in the waiting?

Action Step

Today, resist the urge to numb your waiting with distractions. Instead, lean into the silence.

Find time to sit quietly before God. No music. No words. Just you and Him. In the quiet, ask the Holy Spirit to remind you that He hasn't forgotten you—and that He's not finished yet.

If you need a declaration today, make it this: "My faith is not forgotten. My prayers are not ignored. God sees my valley, and He is still writing my story."

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DAY 6

Date: 

Journal Challenge

Where in your life do you feel stuck waiting for God to move?

What have you been trying to control or figure out on your own?

How does it feel to say, "Only You know"? Write that phrase down and sit with it. Pray it. Breathe it. Let it become your posture.

Action Step

Declare trust aloud today. In the car. In your room. On a walk. Speak it:

"God, I trust You even when I don't see the path forward. Even when I don't understand. You are sovereign. You are good. You are enough."

[illegible]

DAY 7

Date: 

Journal Challenge

Take some time now to reflect on your journey so far: What valleys have you walked through?

What dry bones are you willing to name today?

How have you learned to trust God in the silence?

Where do you need to surrender more fully to God's plan?

Action Step

Spend time in prayer, inviting God to prepare your heart for new life.

Practice surrender by repeating a simple prayer like, "Lord, I trust You even when I don't understand."

Journal your thoughts and prayers as you prepare to "speak to the bones" in the days ahead.

Share your journey with a trusted friend or mentor who can encourage you in this season.

[illegible]

DAY 8

Date: 

Journal Challenge

When was the last time you felt like you clearly heard from God?

What might be causing "noise" in your life that's drowning out His voice?

What assumptions have you made about what God is saying (or not saying)?

Are there any instructions you've been hesitant to obey?

What's one way you can make space today to intentionally listen for Him?

Action Step

- Choose a time today to be still — with your phone off and no distractions — for at least 10 minutes.
- Open your Bible to Psalm 46 and read it slowly.
- Ask, "God, what are You saying to me right now?"
- Then listen — and write down what you sense in your spirit.
- You may not feel anything dramatic. But you're training your ear to hear again.

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DAY 9

Date: 

Journal Challenge

What dream or hope in your life feels like it has died?

Is there something you've been trying to resurrect that God may be asking you to release?

How does it feel to trust God with a future that looks different than what you imagined?

What promise from God's Word speaks to your heart in this season?

How can you begin to speak that truth over your life daily — even before anything changes?

Action Step

Choose one area of your life that feels like a “dead dream.”

Before you declare anything over it, ask the Holy Spirit: “God, is this a dream You want to resurrect? Or are You making room for something better?”

Based on His leading, find one verse in Scripture that either:

Speaks life and restoration (e.g., Joel 2:25 — “I will restore to you the years...”), or

Speaks surrender and trust (e.g., Proverbs 3:5 — “Trust in the Lord with all your heart...”).

Write that verse down and speak it out loud today. Return to it whenever you feel uncertain — let God's Word guide your voice and your future.

[illegible]

DAY 10

Date: 

Journal Challenge

What spiritual habits or disciplines are you rebuilding right now?

Where in your life do you feel "structured but not yet filled"?

How do you typically respond when you don't feel anything from God?

What does God's Word say about waiting on His Spirit?

Write a prayer of surrender, asking God to complete the work He has started in you.

Action Step

Take 10–15 minutes today to physically journal or record a prayer of thanks to God for what is coming together in your life — even if you don't feel fully alive in it yet.

Read Philippians 1:6 and personalize it as a declaration: "God, I believe that You, who began a good work in me, will be faithful to complete it."

Each time you're tempted to doubt your progress, speak that truth out loud.

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DAY 11

Date: 

Journal Challenge

What is one thing you believe God has been asking you to do but you've delayed?

What fears or doubts are keeping you from obeying?

Can you recall a time when obedience led to unexpected blessings or breakthroughs?

What are some excuses you've used to justify disobedience?

How can you realign your heart to say yes to God — even before you see results?

Action Step

Today, write down one clear act of obedience God is asking of you. It might be a conversation, a habit to replace, a step to take, or a commitment to make. Write it down, pray over it, and do it before the day ends — even if it feels small.

As you obey, pay attention to the "rattling" — the movement of God that follows your step of faith.

Obedience might feel simple. But simple obedience is the beginning of supernatural change.

[illegible]

DAY 12

Date: 

Journal Challenge

Have you ever gone through a season where you looked "fine" spiritually but felt lifeless inside? What happened?

Are there areas of your life right now where you've settled for structure without breath?

What might God be asking you to surrender in order to receive a fresh filling of His Spirit?

How do you recognize when you are spiritually "breathless"?

Reflect on a time when you experienced true spiritual aliveness. What made it real?

Action Step

Today, pray this bold prayer: "Holy Spirit, I don't want to settle for almost. I want to live again. Breathe into every place I've tried to fix without You. I don't just want structure—I want presence. I don't just want improvement—I want Your power. Fill me again with Your breath. In Jesus' name, amen."

Then, spend five minutes simply inviting the Spirit to meet you. No agenda. No filter. If you sense the Spirit prompting you, write it down. Let this moment become a fresh wind in your soul.

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DAY 13

Date: 

Journal Challenge

Write a God inspired declaration over your dry places, inspired by Ezekiel's command.

- "Dry bones, hear the word of the Lord. You will live again."
- "Breath of God, come and fill me with new life and power."

Reflect on what it means for you to participate in God's miracle through your words and faith.

Action Step

Speak aloud your prophetic declarations today—over yourself, your loved ones, or your situation.

Take one step of faith obedience, no matter how small. It might be reaching out for help, forgiving someone, or simply praying for revival in your heart.

Ask the Holy Spirit to breathe life into those places of dryness and death.

[illegible]

DAY 14

Date: 

JOURNAL CHALLENGE

WHEN WAS THE LAST TIME YOU INTENTIONALLY PAUSED TO LISTEN FOR GOD'S VOICE?

WHAT DISTRACTIONS TEND TO DROWN OUT GOD'S WHISPER IN YOUR LIFE?

WHAT IS ONE AREA WHERE YOU'VE SPOKEN OR ACTED WITHOUT FIRST LISTENING?

WHAT WOULD IT LOOK LIKE TO BUILD "LISTENING SPACE" INTO YOUR DAILY RHYTHM?

REFLECT ON A TIME WHEN HEARING FROM GOD GAVE YOU CLARITY OR COURAGE. WHAT HAPPENED?

ACTION STEP:

FIND 10 MINUTES OF QUIET TODAY. NO PHONE. NO MUSIC. NO NOISE.

SIT WITH A BIBLE AND ASK: "LORD, WHAT ARE YOU SAYING TO ME TODAY?"

[illegible]

DAY 15

Date: 

Journal Challenge

What area of your spiritual life feels the most "breathless" right now?

When was the last time you felt fully alive in your faith? What was different then?

What lies have crept in during your waiting season — lies about yourself, your worth, or God's nearness?

How would your perspective shift if you believed that God hadn't forgotten you?

Action Step

Take a deep breath. Then say this out loud: "Holy Spirit, I need Your breath again. I've rebuilt, but I need Your power. I'm not content with looking whole — I want to live. Come, Breath of God."

Do this every day — even if it feels awkward.

[illegible]

DAY 16

Date: 

Journal Challenge

What part of your life feels spiritually dry or lifeless right now?

Have you been going through the motions spiritually? If so, what have you been missing most?

How often do you intentionally invite the Holy Spirit to fill you?

What does true spiritual aliveness look like for you?

In what ways do you see the connection between personal revival and relational unity?

Action Step

Set aside 10 minutes today—undistracted, unhurried—and invite the Holy Spirit to breathe in you. You don't need fancy words. Just ask: "Come, Breath of God. I want to truly live."

Then, reach out to someone you trust and tell them how you're seeking renewal. Invite them to pray with you or ask how they've experienced the breath of God in dry seasons.

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DAY 17

Date: 

Journal Challenge

How has your personal spiritual life affected your relationships with others in your church or faith community?

Do you find yourself avoiding deep connection, even though your spirit longs for it?

Where have you seen the Holy Spirit draw people together in love and unity?

Is there any disunity or broken connection in your life that needs revival? What would change if you saw your personal renewal as preparation to stand in unity with others?

Action Step

In your time with God today, ask the Holy Spirit: “Lord, revive my heart and bond me to Your people. Breathe on us—not just on me. Make us alive together.”

If possible, reach out to a fellow believer. Ask how you can pray for them, encourage them, or walk with them in faith this week. Revival isn’t meant to be solo—so take one small step into unity today.

[illegible]

DAY 18

Date: 

Journal Challenge

Are you currently living more in spiritual waiting or spiritual movement?

What's one area of your life where you sense the Holy Spirit stirring you to act, speak, or go?

Have you ever felt “on fire” for God? What changed when you were in that place?

What fears or doubts keep you from stepping into Spirit-empowered mission?

How could your obedience help bring someone else to life?

Action Step

In your time alone with God today, pray this:

“Holy Spirit, thank You for reviving me. But I don't want to stop there. I want to be used. Send me. Move me. Mark me. Let me be a vessel of power, truth, and love for a world that desperately needs You.”

Then take one small, bold step today:

- Speak encouragement or truth to someone.
- Share your faith story with a friend.
- Volunteer or serve in a new way.
- Pray for someone—right then and there.

Don't wait for a feeling. Just obey. Wind and fire move. And so do you.

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DAY 19

Date: 

Journal Challenge

Do you truly believe that you belong in the family of God—not just spiritually, but relationally?

Are you letting the Spirit connect you deeply with others, or are you keeping people at a distance?

What barriers in your life (pride, fear, past hurt) might be blocking you from enjoying community with others?

How has God used other believers to revive and strengthen you?

What step can you take to live like someone who belongs?

Action Step

In your personal time with God today, pray honestly: “Holy Spirit, thank You for making me alive. Now help me live like I belong. Heal what’s isolated. Restore what’s broken. And connect me deeply to Your family.”

Then take a step toward community.

- Join a small group.
- Reach out to someone in your church.
- Invite someone into your story.
- Ask how you can pray for or serve them.

You were breathed into life not just to be whole—but to be joined.

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DAY 20

Date: 

Journal Challenge

Have you experienced spiritual unity with someone very different from you?
What did that teach you?

Are there any unspoken biases, fears, or judgments God is asking you to surrender?

In what ways can your church become more welcoming, diverse, and Spirit-led?

How would your personal witness change if you saw every person through the lens of Christ?

Where is God asking you to build a bridge?

Action Step

Pray this: “Holy Spirit, search my heart. If there are walls—inside me or around me—tear them down. Break the boundaries I’ve built. Show me Your heart for every person I meet. Fill me with love that reaches across lines. Make me a builder of bridges and a voice for unity. I want revival—not just in my soul but in my relationships.”

Then, take a step: Reach out to someone different from you. Start a conversation. Ask them about their story. Learn from their perspective. Invite them into your world. Because revival doesn’t just live in fire and wind—it lives in relationship.

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Journal Challenge

What spiritual gifts do you believe the Holy Spirit has placed in you?

Are there any areas where fear or comparison is holding you back from using them?

How have you seen God work through others' gifts to impact your life?

What would change if you stepped fully into your gifting this week?

Where can you serve now—not later, not someday, but now?

Action Step

Take some time today to pray: "Holy Spirit, thank You for placing gifts in me. I don't want to hide them. I don't want to compare or delay. Show me what You've given and where You want me to use it. I say yes—use me to serve Your Body and bring You glory."

Then do something active:

- Serve in your church. – Write or text an encouraging note.
- Pray for someone boldly. – Offer your skills to help someone in need.
- Begin mentoring, teaching, serving, or creating.

Revival isn't just personal—it's purposeful. And the Spirit has already equipped you for it.

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DAY 22

Date: 

Journal Challenge

What does it look like in your life to move from revival to mission?

Where might you be settling for comfort instead of advancing with the Spirit?

How has your understanding of the Holy Spirit changed over the past 21 days?

What rhythms can you establish to stay surrendered daily to the Spirit's leading?

Who can you bring with you as you move forward into Spirit-led living?

Action Step

In your private time with God today, pray: "Holy Spirit, thank You for reviving me. I don't want to stay where I've been—I want to move. Show me where You're sending me. Teach me to walk daily in Your power. Use me to bring life, unity, and hope to others."

Then take one step today:

- Say yes to a ministry you've been hesitating about
- Start a conversation with someone about Jesus
- Offer your gift to meet a need in your community
- Commit to a lifestyle of spiritual discipline and purpose
- You've been breathed into—now rise and move.

[illegible]

DAY 23

Date: 

Journal Challenge

What part of your life has been revived over the past few weeks?

How can that renewal be used to serve others?

Have you been tempted to see revival as the goal instead of the launching pad?

Where is God calling you to "return"? Is it a relationship, a purpose, a ministry?

What's one step you can take this week to begin living out the purpose of your revival?

Action Step

Pray today with an open heart and ask God, "Where are You sending me?"

Write down what you sense. It might come as a word, a nudge, or a renewed vision.

Then act on it. Your revival isn't for comfort—it's for calling.

You were revived for a reason. Now, walk in it.

[illegible]

DAY 24

Date: 

Journal Challenge

Where in your life have you declared, "All hope is gone"? What would it look like to invite the Spirit into that place?

Can you think of a time when someone else's testimony gave you hope? How might your own story encourage someone else?

Are there words of hopelessness you've been speaking over yourself? Write them down—and then write what God says instead.

What would change in your life if you believed that God wasn't finished?

Action Step

Today, declare hope out loud over your situation. Write a short declaration based on God's promises and say it over yourself daily this week.

Then ask God who around you needs hope—and reach out. Send a message, a verse, or a word of encouragement. Be the spark that helps someone else believe again.

[illegible]

DAY 25

Date: 

Journal Challenge

Have you ever believed you were disqualified from God's call because of your past? What specific thoughts or experiences have made you feel that way?

What would it look like to surrender your self-disqualification and allow God to rewrite the story?

What spiritual grave have you been lying in that God might be calling you out of?

Can you identify how God might use your restored story to bring healing to someone else?

Action Step

Write down the lie you've believed about being disqualified—then write God's truth over it.

Declare aloud: "I am not disqualified. I am called, equipped, and chosen by the Spirit of God. I receive His breath, and I rise again."

Then, take one active step to re-engage in your calling. Whether it's a conversation, a prayer, a commitment, or a re-entry into a place of service—do something today that says, "I'm alive again."

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DAY 26

Date: 

Journal Challenge

Where have you seen revival or healing stall in your life due to fear or hesitation?

What step forward have you been sensing the Spirit asks you to take but haven't yet acted on?

What lies or past failures do you need to leave behind to move forward?

How would your life—and others' lives—be different if you moved in Spirit-empowered obedience?

Action Step

Don't wait for perfect conditions or clarity. Write down the next step God has placed on your heart. Tell someone about it. Then, take that step before the end of the day—even if it's small.

And as you do, declare out loud: "The Spirit of God lives in me. I am not stuck. I am not afraid. I will move forward—always."

[illegible]

DAY 27

Date: 

Journal Challenge

Have you been spiritually or emotionally stuck in a valley mindset? What beliefs have kept you there?

What vision might God be speaking to you as He revives your heart?

Are there dreams or callings you left behind that God is asking you to reclaim?

How could your personal testimony of restoration become part of someone else's return?

Action Step

Take a few minutes to write down what your "return home" might look like. What is God asking you to step into now that you've been revived? Ask the Holy Spirit to give you clarity. Then, share your vision with someone you trust and begin moving toward it one step at a time.

[illegible]

DAY 28

Date: 

Journal Challenge

Who in your life needs to experience God's love through you right now?

Are there areas where you've received revival but withheld restoration from others?

How has the love of God changed the way you see people who are different from you?

What does it mean to you that the Spirit is poured into you not just for personal joy but for communal mission?

Action Step

Today, find one way to express Spirit-led love tangibly:

A phone call.

A handwritten note.

A surprise act of kindness.

A conversation you've been avoiding.

Ask the Holy Spirit to guide you to someone specific. Then obey—immediately.

The Spirit was never meant to be bottled up. Let love overflow.

[illegible]

DAY 29

Date: 

Journal Challenge

Who in your life is walking through a valley right now?

What part of your own story might bring hope to someone still in exile?

Where is God asking you to return—not to relive the past, but to carry a new life?

What would it look like to walk in your calling to the broken today?

Action Step

Ask God this dangerous but straightforward question: “Lord, who are You sending me to?”

Then listen. Obey.

Start a conversation. Share your story. Show up with compassion.

And trust the Spirit to do what only He can—breathe life again.

[illegible]

DAY 30

Date: 

Journal Challenge

What parts of your life feel “new” as you look back over this journey?

What have you left behind that you don’t want to pick up again?

How would you describe the change the Spirit has made in you?

What’s one area where you want to keep growing from here?

Action Step

Today, speak this declaration out loud. Put it in your journal. Share it with someone else. Say it until you believe it: “I have been revived by the Spirit of God.

I am not who I was. I am filled with His breath, His gifts, His purpose.

I am part of a move of God. I live by His power. I breathe again—and I will never be the same.”

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BONUS Mark the Moment: A Celebration of Revival

Psalm 126:2–3 (NLT) “We were filled with laughter, and we sang for joy. And the other nations said, ‘What amazing things the Lord has done for them.’ Yes, the Lord has done amazing things for us! What joy!”

You made it.

Thirty days ago, you stepped into a valley, unsure of what would come. Maybe you were spiritually dry. Maybe you were spiritually dead. Maybe you didn’t even know what you needed—just that something had to change.

And now—after 30 days of breathing in the presence of God, hearing His Word, yielding to His Spirit, and standing on your feet—you are changed. You’ve been revived.

This moment matters. So mark it.

Why Mark the Moment?

In Scripture, whenever God did something significant, His people built altars or set up stones of remembrance. Why? Because revival is too precious to forget. And it’s too powerful to move past without celebration.

- Joshua did it after crossing the Jordan.
- Samuel did it after a supernatural victory.
- Mary did it when she broke her alabaster jar.
- The disciples did it with communion and testimony.

Moments with God become milestones when we choose to mark them.

This isn't just the end of a 30-day journey—it's the beginning of a Spirit-empowered lifestyle. But before you move forward, pause. Look back. Celebrate the miracle.

Take a deep breath and consider the work God has done in you through
Breathe Again:

- He exposed the dryness in your life, not to shame you but to heal you.
- He taught you to trust again—even in silence and waiting.
- He breathed His Spirit into places you thought were dead for good.
- He gave you purpose, power, and peace beyond understanding.
- He brought unity where there was isolation, courage where there was fear, joy where there was grief.

You've seen valleys turn into visions.

- You've heard bones begin to rattle.
- You've stood to your feet.
- And you've come alive.

Let heaven and hell both take note:

- You are not the same.

Now What? Revival is not an event. It's not just an emotion or a devotional series.

- Revival is a lifestyle.

That means you must continue to:

- Breathe in the Spirit daily.
- Listen for God's whisper even in the mundane.
- Choose faith over fear, obedience over comfort.
- Lean into your community and build the Church.
- Speak life and truth—especially in dry places.

You've been restored to restore. You've been filled to pour out.

The breath that gave you life is meant to bring life to others.

- Don't let this fire fade.
- Don't slip back into survival mode.
- Mark the moment—and move forward with purpose.

Take today to celebrate what God has done. Not quietly—boldly.

1. Write a Letter to Yourself. Capture what this journey has meant. What God showed you. What you'll never forget. Seal it. Revisit it a year from now.
2. Share Your Testimony. Tell a friend or a small group, or post on social media. Let others know what the Holy Spirit has done in you.
3. Create a Symbol. Build or buy something small—a stone, a bracelet, a framed verse—that marks this moment as sacred and transformative.
4. Worship Loudly. Whether through music, prayer, or dancing in your living room—praise God with joy. Let heaven hear your celebration.
5. Bless Someone Else. Sow into someone else's valley. Encourage them. Pray with them. Invite them to walk the journey of revival for themselves.